

UNICORN DANCING SPIRIT CAMP – 2019 PROGRAMME

18–26 August, 2018		VENUE	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
7:15 – 8:15	Spearmint			Buddhist Mindfulness	Buddhist Mindfulness	Buddhist Mindfulness	Buddhist Mindfulness	Buddhist Mindfulness	Buddhist Mindfulness	
	Yurt			Sufi Practice	Sufi Practice	Sufi Practice	Sufi Practice	Sufi Practice	Sufi Practice	
	Rhubarb			Qi Gong	Qi Gong	Qi Gong	Qi Gong	Qi Gong	Qi Gong	
8:30 – 9:45	Big Top		ROBERT	DUP 🌺	DUP 🌺	DUP 🌺	DUP 🌺	DUP 🌺	DUP 🌺	
				Yoga	Yoga	Yoga	Yoga	Yoga	Yoga	
10:00 – 11:15	Big Top		OPENING GATHERING	Harmonic Temple	Harmonic Temple	CREATIVE GATHERING	Harmonic Temple	Harmonic Temple	CLOSING GATHERING	
11:30 – 1:00	Big Top		DEBORAH	GULZAR	AMIDA		DEBORAH	ROBERT	GULZAR	
	Spearmint		Band Practice	Band Practice	Band Practice	Ceilidh Band Practice	Band Practice	Band Practice		
1:00 – 2:30	LUNCH		CIRCLE SHARING ¹							
2:00 – 2:20	Spearmint		Yoga Nidra	Yoga Nidra	Yoga Nidra		Yoga Nidra	Yoga Nidra		
2:30 – 4:00	Banana Split	FRINGE ACTIVITIES		DUP 🌿	DUP 🌿	MARKET	DUP 🌿	DUP 🌿	DUP 🌿	
	Big Top		Fringe Setup	Sacred Sight Singing						
	Spearmint		Devotional Singing	Devotional Singing	Devotional Singing			Devotional Singing	Devotional Singing	Devotional Singing
	Yurt		Family Constellations	Family Constellations	Family Constellations			Family Constellations	Family Constellations	Family Constellations
	Rhubarb		DUP MUSIC	DUP MUSIC	DUP MUSIC			DUP MUSIC	DUP MUSIC	FINAL DUP MUSIC
4:30 – 6:00	Banana Split	FRINGE ACTIVITIES	Drumming	Drumming	Drumming	No Fringe Activities	Drumming	Drumming		
	Big Top		Laughter Yoga	Nourishing the Heart	Nourishing the Heart		Nourishing the Heart	Laughter Yoga	FINAL DUP 🌿	
	Spearmint									
	Yurt		Heart Intelligence	Songs in Harmony			Heart Intelligence	Songs in Harmony	Heart Intelligence	
	Rhubarb		Find Your Voice	Devotional Singing			Sami Chants	Singing for Peace		
Village Green	Volleyball	Volleyball	Volleyball	Volleyball	Volleyball	Volleyball				
6:00 – 7:00	SUPPER					CIRCLE SHARING		CIRCLE SHARING		
7:00 – 7:45			storytime	storytime	storytime	storytime	storytime	storytime		
7:15 – 8:15	Village Green		Circle Dance	Circle Dance	Circle Dance	CEILIDH ²	Circle Dance	Circle Dance	Circle Dance	
8:30 – 10:30	SATURDAY						AMIDA	DEBORAH	FINAL NIGHT	
8:30 – 10:30	Big Top		AMIDA	GLEN	DRUID EVENING	GULZAR ²				
8:30 – 10:30					ROBERT		Taize	Firenight ³		

NOTES

- CIRCLE SHARING** 1:30–2:30pm
- BIG TOP EVENING: CEILIDH** starts 7:15pm followed by **DUP** at 9:00pm
- DUP** starts 8:30pm as usual, **FIRENIGHT** follows 9:30–10:30pm

QUIET TIME from 11:00pm except for **NIGHT CAFE** until midnight (not shown in programme)



DUP Greenshoots & Deepening – Young People and Older
DUP Blossoms – Additional Teachers

FINAL SUNDAY

CLOSING CEREMONY: 10:00–10:30am